

Mentoring Scientists and Engineers

The Essential Skills, Principles and Processes

John Arthurs



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TABLE OF CONTENTS:

Introduction.

What is a mentor?

Essential mentoring skills.

Mentoring principles and process.

Mentoring in practice.

Mentor training and organisational mentoring schemes.

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This book provides an introduction to what we mean by mentoring and its basic skills – skilful questioning, active listening, building trust, self-management and giving advice and feedback. This book is written for those practitioners in science, technology, engineering and mathematics, the STEM fields, who have been pitched into the role of mentor without any prior training. Its objective is to alleviate anxiety, frustration and stress caused by not knowing exactly what is expected. In offering an introduction to mentoring it gives practical guidance as a quick and easy read.

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